



THE IDENTITY LOCKDOWN — FIVE STEPS THIS WEEKEND

FIELD MANUAL NO. 1

Florida is #1 in America for identity theft — one new victim every 2.9 minutes.

You are not paranoid. You are a target.

1

FREEZE YOUR CREDIT — TODAY

Free by federal law. Do all three, separately. Equifax 1-800-685-1111 • Experian 1-888-397-3742 • TransUnion 1-888-909-8872

2

TURN ON ALERTS

Call your bank and every card. Text/email on any charge, new account, or address change.

3

GET A PASSWORD MANAGER

One key should not open every door. It remembers a different strong password for every account.

4

TURN ON MULTI-FACTOR AUTHENTICATION (MFA)

A thief can have your password and still be locked out, because he does not have your phone. 25 seconds. Turn it on for email, bank, and retirement.

5

KEEP THIS PAGE

When the breach letter shows up — and it is coming — you do not panic. You pull out this page and follow it.

YOUR DAILY HABITS

- Never click a link in an urgent email or text about your account. Type the address yourself, every time.
- Check your credit reports every 3 months — free at annualcreditreport.com.
- Read every Medicare, insurance, and bank statement. A doctor you never saw is not an error — it is a person.
- Verify a scary notice by a number you look up. Never the number in the message.

IF YOUR IDENTITY IS STOLEN

1. Freeze all three bureaus.
2. Change every password, turn on MFA.
3. Report at identitytheft.gov for your FTC recovery plan.
4. File a police report.
5. Florida AG victim kit: myfloridalegal.com.

YOUR STANDING ORDER

Can you certify what you are holding? If yes — you ship it. If no — you stop, you verify, or you walk away. We are data. Keep the signal clean.

